

essie ejuvenate™

Step-by-Step Manicure Protocol

Step 1: Nail Prep



1. Remove existing nail color using naturally clean by essie Purifying Nail Polish Remover with essie Nail Pads.
2. Shape nails and buff to perfection with essie Crystal File.

Step 2: Cleanse



1. Fill a manicure bowl with warm water and add a teaspoon of essie ejuvenate Hydro-Therapy Hand Revitalizer to water.
2. Swirl the effervescent milk bath with fingertips and soak for up to 5 minutes.
3. Remove and gently pat dry with clean towel.

Step 3: Cuticle Care



1. Apply a small amount of essie Apricot Cuticle Oil evenly around the cuticle of each nail.
2. With a sterilized cuticle pusher, gently push back and remove any dead tissue from the nail plate.
3. Trim any dead skin or hangnails carefully.

Step 4: Exfoliate



1. Massage a pea sized amount of essie ejuvenate Microdermabrasion Hand Refiner into the hands for 1 to 2 minutes to gently exfoliate.
2. Wrap hands in a warm towel and press gently, allowing the lightweight, creamy formula to penetrate deeply into the skin.
3. Rinse off any residual crystals with water left in bowl from Step 1; towel dry hands.

Step 5: Treat



1. Apply a small amount of essie ejuvenate Advanced Radiance Hand Treatment into each hand to help minimize the appearance of age spots and discoloration.

Step 6: Hydrate



1. Massage essie ejuvenate Intensive Recovery Hand Cream in circular motions to deeply moisturize and encourage cell renewal.

Step 7: Nail Color



1. Use naturally clean by essie Refreshing Nail Cleanser to remove oil and debris from the nail plate.
2. Apply a thin coat of fill the gap! ridge smoothing base coat to hydrate aging nails and conceal deep ridges.
3. Apply 2 coats of essie nail color and allow to dry for 2 minutes.
4. Seal and protect with a thin coat of essie Good to Go! The Fastest Drying Top Coat.